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### Early Childhood Education Teachers' Strategies in Reducing Aggressive Behavior in Students

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#### ABSTRACT

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The competencies of PAUD teachers are own strategy in develop ability socio-emotional child . Behavior aggressive is purposeful behavior hurt object behavior aggression . Behavior aggressive become part from bullying behavior. Therefore That behavior the need reduced since early . Research objectives is For describe the strategies implemented by preschool teachers in reduce behavior aggressive . Research methods use approach qualitative with method descriptive involving PAUD teachers as subject research . Data collection techniques are carried out through observation , interviews , and documentation with data analysis techniques , namely reduce data, display data, and draw conclusion . The results obtained by teachers in reduce behavior aggressive child is with giving reprimand , immediate , firm action consistent and giving strengthening positive and punishment as well as parental involvement and provision guidance for children.

**Keywords:** *Early childhood education teachers, aggressive behavior, students*

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#### 1. Introduction

Behavior aggressive is possible behavior for appear on almost every level school. Including level education child age early . Level education child age early is institution education for child finished early. Child is finished early is child who starts from age 5-6 years . In the task its development child Already understand draft regulation good and right in levels right wrong [1]. However children at the age of also still left alone when do error with pretext Because Still children . This is also applies to behavior aggressive child age early. At the age of early, behavior Aggressive usually arises as a response to child's inability to manage emotions , communicating effectively , or resolving conflict peacefully . This behavior can be seen in form physique or verbal, such as hitting , shouting , or damaging objects around it [2].

Reason existence treatment aggressive around children from environmental factors monastery and less supervision of behavior aggressive . While the perpetrator factor do aggressive is For intention hurt . Factor a

become a victim because of absence likes perpetrator towards the victim. This is also a usual action done by children as results from anger or frustration [3]. Media exposure is also one of the factor reason the emergence behavior aggressive such as exposure to digital media, television programs and videos on the internet that contain element violence . Children who often watch shows that are not age appropriate show improvement behavior aggressive , especially in verbal form [4].

Behavior aggressive in children sometimes considered only part from behavior children who are developing . This is because of child Still considered Not yet capable to regulate his emotions and attitude aggressive [5]. Where is the child? considered Not yet Can manage his emotions so that is often done by adults in the form of prohibition push , shout or to isolate his friends . Behavior Aggressiveness can also appear as part of development children's social and emotional behavior . Aggressive is often seen in form hitting , biting , kicking , or verbal actions such as yelling and teasing peers [6]. However , if left alone without proper management , aggressiveness can develop into a problem . serious behavior .

The role of teachers in carrying out prevention and intervention in schools to reduce child behavior early is very important. Teachers' perceptions of behavior aggressive is negative view such behavior will have a negative impact on the development of the child [7]. Based on research results on the role of teachers in preschool in reduce behavior agrasef as follows : The teacher has understanding about understanding aggressive , form aggressive , and factors reason child behave aggressive . 2) Efforts in reduce behavior aggressive behavior carried out by teachers at a kindergarten in Serang City namely the teacher becomes good *role model* For child in act and speak , the teacher limits spectacle or readings containing element violence For children , teachers do activities For to form attitude empathy for self child with method direct child For help and share with friends who are trouble and direct child For alms with volunteer for charity on the day Friday . 3) Intervention behavior aggressive behavior carried out by teachers is that teachers carry out method play role For help child develop empathy , control self as well as skills communicate For reduce behavior aggressive [5].

Whereas study This want to strengthen study previously about interventions that have been carried out by teachers over and over again for handle behavior aggressive . So that the child can develop positive potential and can reduce or understand consequence from behavior aggressive the . In order to to realize matter that is one of them know interventions carried out by PAUD teachers on behavior aggressive . How do PAUD teachers handle behavior aggressiveness the .

## 2. Methods

Study This apply approach qualitative descriptive , which aims to For produce data and information that is not based on statistics or figures [8]. The data presented in study This obtained from interviews and observations conducted researcher without manipulation dive be at school . To determine sample , research This use non-probability sampling technique with method census . Subjects studied a PGPAUD teacher who once handle Child bullying behavior . Data collection techniques used is observation , which focuses on behavior aggressiveness

when at school . The next technique that is interview with teachers at PAUD. The data obtained will analyzed use technique data analysis according to Miles and Huberman, which begins with data collection , continued with data reduction when observation , and then done data compression for selecting , focusing , and eliminating data that has been collected previously [9].

### **3. Results and Discussion**

#### **3.1. Results**

In general conflict once in a while happened and still can managed . Behavior aggressive physique sometimes appear as many as 3-5 times, exclusion between Friend once in a while appears 1-2 times. Takes and destroys charcoal owned by child children are also rare appear between 1-2 times. Which often appear is bullying through verbal such as mockery with Animal names .

" The events experienced in the classroom I that is violence physique such as , kicking and hitting as well as often uttering harsh and mocking words "

Based on observations made by the author to a group Girls aged 4-5 years stay away One his friend because of his friend always follow other friends , asking food whereas himself No share food so that One Friend give know other friends to stay away the theme the example the sentence " don't " accompany me he or other behavior is when child the come his friend ignore . That thing often found in the environment Female friendship .

Perception from the teacher that behavior aggressive is an intentional act For hurt others Good physical / non - physical . Common behavior happen is behavior physique .

Examples that have ever faced with subject is

"which often I watch is when children currently play suddenly perpetrator kick or hit the victim, only Because the victim did not follow rule perpetrators , and for the perpetrator whoever does n't understand rule game the perpetrator uttering harsh words "

For the subject study behavior aggressive in form bullying is very influential emotion child even becomes negative. The example given subject

" after treatment rough the other day , the victim did not Want to school , after the victim's teacher wants to calm him down school . Less trust self , anxious concern himself will ridiculed / laughed at if the victim does error ( example of incorrect use uniform ). Impact for victims in learn less focused and deep act not enough believe self.

Signs perpetrator selfish and easy angry .

Involvement of parents that is implemented when distribution results study . Concern from parents his son will ostracized .

Challenges faced by teachers " the challenges I face face it that is difficult control emotion the child who becomes perpetrator Because he has character selfish and for the victim is in trouble grow attitude believe self "

Interventions given on behavior aggressive . When the teacher sees There is bullying that is done is do intervention quick For stop behavior the for example with speak in a way personal in children , implementing consequences in class ( e.g. , time-out), informing to parents child , carry out teaching and discussing kindness and empathy , embracing victims and giving support so as not to feel alone .

specific strategy implemented by the teacher is " more often supervise behavior children at school and participate as well as in game child when play "

Steps intervention carried out by the teacher: 1. Reprimand perpetrator with question cause and effect behavior from perpetrator , 2. Responding quick when the occurrence fight , 3. Behave firm to perpetrators , 4. Application of rewards and punishments.

" for the child who did behavior aggressive to his friend will punished and divided obedient child will given present"

### **3.2. Discussion**

Behavior aggressive is desire For hurt a person , either physically and also psychological . In this context , bullying can be considered as a form of real from behavior aggressive Because objective main from the action is cause suffering to the victim. Bullying own characteristics typical , namely existence imbalance strength between perpetrator and victim, where the perpetrator is usually considered stronger or more powerful compared to the victim [10]. This imbalance can be physical , emotional , or social , which causes the victim to feel powerless to fight back . So that behavior aggressive in children aged early can also result in bullying .

The opinions expressed by the subjects provide important perspectives on characteristics the perpetrator who carries out the behavior aggressive can be categorized bullying . Subject evaluate that perpetrator bullying own attitude egoistic , which is deep his view means unwillingness to give in and tendency to force will as well as feel he is always right . This attitude shows that perpetrator own the need to dominate situations and other people, which have the potential strengthen behavior aggressive in form bullying [3]

In addition, the perpetrator is also described as an easily offended individual. angry . Easy nature This anger can be a trigger behavior aggressive , especially in a situation where the perpetrator feel his position threatened or exist things that are not in accordance with his wishes . The tendency to respond conflict or dissatisfaction with anger show lack of skills control self and intelligence emotions , which are important factors in behavior healthy [11] social .

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Every step The interventions carried out by teachers are reinforced by research results that have a strong basis in research, which shows its effectiveness in reduce aggression and shaping a more positive environment for child development . Intervention by reprimanding the perpetrator provides space for the child to evaluate consequence from behavior them , so that reduce tendency to repeat behavior aggressive . Understanding about consequence from action they also help build awareness yourself and reduce detrimental behavior [5]. Direct intervention or immediate response when an incident occurs fight or conflict aggressive can send message that such behavior is unacceptable . This approach shows children that behavior aggressive own immediate consequences , which in turn can prevent behavior similar in the future Smith et al. (2004).

Firmness in to reprimand or warn perpetrator behavior aggressive to clarify limitations acceptable behavior in environment social . assertiveness in face perpetrator aggressive help build a sense of discipline and give understanding that behavior aggressive own consequence real . Attitude This firmly strengthens authority supervisor and assist reduce incident future aggressiveness [12].

Reward and punishment system has proven effective in strengthen behavior positive at a time reduce negative behavior . For children who show behavior aggressive , fairly applied punishment can serve as a reminder about limitations acceptable behavior . Meanwhile , rewards for children who demonstrate behavior positive or compliance can strengthen pattern desired behavior . This system encourages children to consider impact from behavior them and choose better response in situation similar [13].

Overall , the research results show that a consistent and direct approach , combined with a system of rewards and punishments, has potential big in reduce behavior aggressive among children. This approach not only helps prevent behavior aggressive , but also supportive development skills healthy social . Interventions structured with these principles are able to create a safer and more conducive environment for all children [10].

#### **4. Conclusion**

Based on description about description interventions carried out by PAUD teachers that behavior aggressive , including acts of bullying, can have an effect negative to development children's socio-emotional , so that it requires consistent and appropriate handling from educators . steps interventions implemented includes : 1. Reprimanding perpetrators with questions regarding cause and effect , to encourage children to evaluate impact his actions . 2. Respond immediately when an incident occurs . fight use stop behavior negative and send message firm that Aggression is not acceptable . 3. Behave firm to perpetrator in to uphold rules , which help create discipline and understanding limitation behavior . 4. Implementing reward and punishment system , where good behavior is rewarded awards and behavior aggressive get consequences , encouraging children to behave positive .

The strategies used by the teacher show effective in reduce behavior aggressive and supportive development character as well as skills positive social in children. This research is limited to one school, so it is possible that each school has a different strategy in handle behavior aggressive.

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